

# PREGNANCY & IMMUNIZATIONS

Vaccines, screenings, and immunizations are vital parts of pregnancy care:

- **Pregnant women's resistance to infections lowers during pregnancy.** This makes them more likely to get certain viruses. If infected, they can also get more sick, especially if they already suffer from health issues such as asthma
- **Vaccines during pregnancy protect you and your baby!** Your body makes antibodies in response to the vaccines and you pass some of these antibodies to your baby



## GET THE TDAP VACCINE - EARLY 3. TRIMESTER

- The Tdap vaccine **protects you and your baby from 3 infections:** Tetanus (T), Diphteria (D), and PERTUSSIS (aP) also called the “whooping cough”
- **Diphteria and the whooping cough are highly contagious,** and all 3 diseases can lead to serious organ failure or health problems
- If you are pregnant, **get this vaccine during each pregnancy**
- **Talk to your provider about getting the Tdap vaccine between 27 and 36 weeks of pregnancy,** even if you got one before you got pregnant

## GET THE FLU SHOT - ANY TRIMESTER

- **Flu is a contagious respiratory illness** that can develop into complications such as pneumonia
- There are **many types of flu shots,** your doctor will help you get the type that is right for you
- You can get the **flu shot during any trimester** of pregnancy

## GET VACCINATED AGAINST COVID-19

- COVID-19 vaccines are **safe and effective** before, during, and after pregnancy
- **1 updated Pfizer-BioNTech or Moderna COVID-19 vaccine is advised** for everyone who is 6 months or older

## GET THE VACCINE AGAINST RSV - 3. TRIMESTER

- **RSV is respiratory infection** that causes mild, cold-like symptoms
- **Abrysvo is the first vaccine approved for use in pregnant people** to prevent lower respiratory tract disease (LRTD) and severe LRTD caused by RSV
- Getting the **vaccine between 32-36 weeks of pregnancy helps protect your baby** through the first 6 months of life

## YOU MAY NEED OTHER VACCINES TO PROTECT YOURSELF AND YOUR BABY.

Ask your provider about Hepatitis B & Hepatitis C vaccines, screenings and other recommended vaccines based on your age, state of health, and health record.

### RESOURCES:

#### CDC Adult Vaccine Assessment Tool

[www2.cdc.gov/nip/adultimmsched/](http://www2.cdc.gov/nip/adultimmsched/)

#### Vaccines During and After Pregnancy

[www.cdc.gov/vaccines/pregnancy/vacc-during-after.html](http://www.cdc.gov/vaccines/pregnancy/vacc-during-after.html)

#### African American Coalition Vaccine & Testing

Clinic at BWPC: [www.blackwpc.org/aac](http://www.blackwpc.org/aac)