

ACETAMINOPHEN (TYLENOL) USE DURING PREGNANCY

ACETAMINOPHEN (TYLENOL) USE DURING PREGNANCY DOES NOT CAUSE AUTISM.

Claims have been made that using acetaminophen (Tylenol) during pregnancy causes autism in children. **This is false.**

WHAT PEER-REVIEWED SCIENCE SAYS

- There is no proven causal link between acetaminophen use in pregnancy and autism
- Large studies (like one from Sweden with 2.5 million children) found no evidence of a cause-and-effect relationship between acetaminophen use in pregnancy and autism
 - Find the study here: bit.ly/46ivgmr

Professional organizations and leading medical experts **support the continued use of acetaminophen** during pregnancy, here's what they say:

ACOG (AMERICAN COLLEGE OF OBSTETRICIANS AND GYNECOLOGISTS)

"Acetaminophen remains a safe, trusted option for pain relief during pregnancy. Despite recent unfounded claims, there's no clear evidence linking prudent use to issues with fetal development. ACOG's guidance remains the same. When pain relief is needed during pregnancy, acetaminophen should be used in moderation, and after consulting your doctor.

*'When considering the use of medication in pregnancy, it's important to consider all potential risks along with any benefits. **The data from numerous studies have shown that acetaminophen plays an important—and safe—role** in the well-being of pregnant women.'* - Steven J. Fleischman, MD, MBA, FACOG, president of ACOG"

- Read the full statement here: bit.ly/3W8BosJ
- Check out ACOG's Acetaminophen in Pregnancy FAQs: bit.ly/3K8WsLN

SMFM (SOCIETY FOR MATERNAL-FETAL MEDICINE)

"SMFM continues to advise physicians and patients that **acetaminophen is an appropriate medication to treat pain and fever during pregnancy.**

*'At this time, the weight of scientific evidence that acetaminophen use during pregnancy causes an increased risk for autism or ADHD is simply inconclusive,' said SMFM President Sindhu K. Srinivas, MD, MSCE. 'In maternal-fetal medicine, as in all of medicine, **our recommendations are based on an evaluation of rigorous research and data, clinical expertise, and our patients' values and preferences.**'*

"Pregnant patients can be reassured that using **acetaminophen to treat pain and fever is safe.**"

- Read the full statement here: bit.ly/3lqfsow

RISKS OF UNTREATED SYMPTOMS DURING PREGNANCY

Untreated fever in pregnancy can increase the risk of:

- Neural tube defects
- Miscarriage
- Preterm labor
- Maternal complications

Unmanaged pain can cause:

- Increased stress hormones
- Poor sleep
- Elevated blood pressure

If you have questions about medication use in pregnancy, talk to your provider

RECOMMENDATIONS FOR PREGNANT INDIVIDUALS

- Pregnant persons should **consult their healthcare provider about any medication use**, including analgesics
- **Use acetaminophen only when medically indicated** (for instance, to reduce fever or moderate pain), at the lowest effective dose, and for the shortest necessary duration, as directed by your healthcare provider
- **Do not change or stop prescribed medications without consulting** an appropriately licensed medical professional
- **Avoid panic or fear based on unproven claims;** instead lean on trusted medical advice, your provider, and scientific evidence